



EFC BLACK BELT SCHOOLS

# STUDENT EXPRESS™

Issue VIII

*"Dedicated to Black Belt Excellence"*

April/May 1996

## BAM ACHIEVES THE "IMPOSSIBLE" DREAM

**W**illie "The BAM" Johnson is a featured performer on the hit television show, **WMAC Masters** which showcases America's top Martial Artists. BAM says, "Being featured on such a revolutionary show is one of the highest honors I could ever achieve." In addition to starring on **WMAC Masters** he owns and operates "The BAM's" Universal Martial Arts Concepts in Laurel, Maryland.

"The BAM" became interested in the Martial Arts at the age of four, when he saw his first Martial Arts film starring the legendary Bruce Lee. This inspired him not only to become a Martial Artist, but also to pursue a career in the movies using his Martial Arts talents just like his hero, Bruce Lee.

Staying focused on these goals, however, presented a real challenge because he lived in an inner city environment filled with drugs, crime and violence. In addition to inner city struggles, "The BAM" could not pay for formal Martial Arts lessons so he used his own ingenuity. He watched movies and read books and magazines on the Martial Arts voraciously. He turned a spare bedroom into his own private workout room. Eventually, he found several community centers that offered instruction in boxing, wrestling, Ju Jitsu, Karate, etc. "The BAM" went on to earn his first degree Black Belt. He got his nickname "The BAM" because when he kicks he makes that sound.



**"The BAM" is ready for action.**

In addition to his success on **WMAC Masters**, "The BAM" has won prestigious tournament titles such as: 1995 WAKO World Champion, 1994 NASKA National Forms and Weapons Champion, and two-time American Champion, to name a few.

"The BAM's" story serves as an inspiration to aspiring Martial Artists and demonstrates that discipline and hard work are key ingredients to achieve success.

## Look Inside:

- Martial Arts Comic Strip
- Gaining Endurance
- Trimming the Fat

*and much,  
much more!*